

**Town of Sanford  
Commuter Profile, 2000 Census**

Place of Work of Residents			Place of Residence of Employees		
	Number	% of Total		Number	% of Total
Sanford, York Co. ME	3,893	40.9%	Sanford, York Co. ME	3,893	48.9%
Saco, York Co. ME	934	9.8%	Shapleigh, York Co. ME	405	5.1%
North Berwick, York Co. ME	476	5.0%	Waterboro, York Co. ME	337	4.2%
Wells, York Co. ME	449	4.7%	Biddeford, York Co. ME	320	4.0%
Kittery, York Co. ME	397	4.2%	Wells, York Co. ME	258	3.2%
Biddeford, York Co. ME	384	4.0%	Kennebunk, York Co. ME	253	3.2%
Kennebunk, York Co. ME	352	3.7%	Alfred, York Co. ME	240	3.0%
Portland, Cumberland Co. ME	325	3.4%	Lebanon, York Co. ME	236	3.0%
York, York Co. ME	146	1.5%	Acton, York Co. ME	204	2.6%
Ogunquit, York Co. ME	139	1.5%	North Berwick, York Co. ME	172	2.2%
South Portland, Cumberland Co. ME	135	1.4%	Saco, York Co. ME	167	2.1%
Dover, Strafford Co. NH	130	1.4%	Lyman, York Co. ME	146	1.8%
Portsmouth, Rockingham Co. NH	118	1.2%	York, York Co. ME	120	1.5%
Rochester, Strafford Co. NH	111	1.2%	Newfield, York Co. ME	101	1.3%
Alfred, York Co. ME	110	1.2%	Arundel, York Co. ME	80	1.0%
Waterboro, York Co. ME	70	0.7%	Old Orchard Beach, York Co. ME	74	0.9%
Shapleigh, York Co. ME	65	0.7%	Berwick, York Co. ME	73	0.9%
Scarboro, Cumberland Co. ME	64	0.7%	Limerick, York Co. ME	72	0.9%
Berwick, York Co. ME	64	0.7%	Hollis, York Co. ME	67	0.8%
Durham, Strafford Co. NH	60	0.6%	Kennebunkport, York Co. ME	66	0.8%
Limerick, York Co. ME	53	0.6%	Portland, Cumberland Co. ME	47	0.6%
Eliot, York Co. ME	49	0.5%	Scarboro, Cumberland Co. ME	44	0.6%
Lyman, York Co. ME	43	0.5%	Rochester, Strafford Co. NH	41	0.5%
Dayton, York Co. ME	42	0.4%	Gorham, Cumberland Co. ME	40	0.5%
South Berwick, York Co. ME	40	0.4%	Limington, York Co. ME	36	0.5%
Boston, Suffolk Co. MA	37	0.4%	South Berwick, York Co. ME	28	0.4%
Newington, Rockingham Co. NH	35	0.4%	Dayton, York Co. ME	24	0.3%
Windham, Cumberland Co. ME	33	0.3%	Eliot, York Co. ME	24	0.3%
Acton, York Co. ME	33	0.3%	Kittery, York Co. ME	24	0.3%
Kennebunkport, York Co. ME	33	0.3%	Porter, Oxford Co. ME	22	0.3%
Brunswick, Cumberland Co. ME	32	0.3%	Portsmouth, Rockingham Co. NH	20	0.3%
Old Orchard Beach, York Co. ME	30	0.3%	Cornish, York Co. ME	19	0.2%
Somersworth, Strafford Co. NH	30	0.3%	Buxton, York Co. ME	17	0.2%
Falmouth, Cumberland Co. ME	28	0.3%	Parsonsfield, York Co. ME	16	0.2%
Topsham, Sagadahoc Co. ME	27	0.3%	Rye, Rockingham Co. NH	16	0.2%
Gorham, Cumberland Co. ME	25	0.3%	Windham, Cumberland Co. ME	15	0.2%
Arundel, York Co. ME	25	0.3%	Brunswick, Cumberland Co. ME	14	0.2%
Lebanon, York Co. ME	23	0.2%	Newburyport, Essex Co. MA	14	0.2%
Farmington, Strafford Co. NH	22	0.2%	Concord, Merrimack Co. NH	14	0.2%
Weston, Middlesex Co. MA	19	0.2%	Falmouth, Cumberland Co. ME	13	0.2%
Seabrook, Rockingham Co. NH	18	0.2%	Dover, Strafford Co. NH	13	0.2%
Freeport, Cumberland Co. ME	17	0.2%	Wakefield, Carroll Co. NH	12	0.2%
Yarmouth, Cumberland Co. ME	17	0.2%	Barrington, Strafford Co. NH	11	0.1%
Newburyport, Essex Co. MA	17	0.2%	Somersworth, Strafford Co. NH	11	0.1%
Bath, Sagadahoc Co. ME	16	0.2%	Ogunquit, York Co. ME	10	0.1%
Pembroke, Merrimack Co. NH	14	0.1%			
Stratham, Rockingham Co. NH	14	0.1%			
Lee, Strafford Co. NH	14	0.1%			
Gray, Cumberland Co. ME	13	0.1%			
Lowell, Middlesex Co. MA	13	0.1%			
Wolfeboro, Carroll Co. NH	13	0.1%			
Shippensburg bor. Cumberland Co. PA	13	0.1%			
Standish, Cumberland Co. ME	11	0.1%			
Salem, Essex Co. MA	11	0.1%			
Sandwich, Carroll Co. NH	11	0.1%			
New Gloucester, Cumberland Co. ME	10	0.1%			
Limington, York Co. ME	10	0.1%			
Sudbury, Middlesex Co. MA	10	0.1%			
Southbor., Worcester Co. MA	10	0.1%			
Hampton, Rockingham Co. NH	10	0.1%			
Burlington, Chittenden Co. VT	10	0.1%			
All Other Locations	176	1.8%	All Other Locations	134	1.7%
<b>Total</b>	<b>9,529</b>	<b>100.0%</b>	<b>Total</b>	<b>7,963</b>	<b>100.0%</b>

**Ratio of Employees to Residents 0.84**

Source: U.S. Bureau of the Census